Zuppe - Antipasti - Starters

**Zuppa del Giorno**  £4.95
Homemade soup of the day

**Zuppa di Verdure**  £4.95
Classic Italian vegetable soup with lots of flavour and different textures

**Bruschetta con Peperoni Arrostiti e Pomodori**  £4.95
Crispy bread topped with roasted peppers, fresh tomatoes, garlic, fresh basil and extra virgin olive oil

**Verdure Grigliate con Formaggio di Capra**  £5.95
Grilled goats cheese served on a bed of grilled vegetables

**Duck a L’ Orange Pate**  £5.95
A classic rich, yet smooth pate served with toasted bread

**Salt & Pepper Squid**  £5.95
Deep fried squid served with spicy tomato dip

**Polpette Saltati con Peperoncino Fresco**  £5.95
Homemade meatballs sautéed with fresh chilli and red peppers

**Zuppa di Pesce Piccante (please allow 20 minutes for preparation)**  £9.95
Freshly prepared fish soup made with mussels, calamari, prawns, chilli and fresh tomatoes served with crusty bread

**Pezzi di Pollo alla Griglia**  £6.95
Grilled chicken pieces sprinkled with crispy bacon and onion served on a bed of salad

**Salmone Affumicato con Limone**  £7.50
Smoked salmon drizzled with fresh lemon juice and extra virgin olive oil

**Insalata alla Cesare**  £6.50
Iceberg lettuce, chicken, homemade croutons, grated parmesan cheese and Caesar dressing sauce

**Starter**  £6.50  **Main**  £9.95

Pastas

**Spaghetti Aglio, Olio e Peperoncino**  £7.70
A traditional Italian pasta dish made with extra virgin olive oil, garlic, chilli and fresh parsley

**Spaghetti Carbonara**  £8.95
Italian favourite pasta made with smoked pancetta, cream, eggs and parmesan cheese

**Spaghetti Bolognese**  £8.95
A classic pasta dish made with prime minced beef in a rich tomato sauce

**Pappardelle con Pollo e Broccoli**  £9.20
Chef’s speciality; creamy chicken, broccoli and chilli pasta dish

**Lasagne Pollo e Funghi**  £9.20
Oven baked layers of egg pasta, chicken & mushroom with cheese & béchamel sauce

**Fettuccine con Verdure Arrosto Alfredo**  £8.95
Fettuccine pasta in a creamy sauce with roasted red peppers and courgettes

**Gnocchi con Salsiccia e Radicchio**  £9.20
Chef’s speciality; Gnocchi with pieces of sausage cooked in radicchio sauce

**Penne con Salmone Affumicato**  £9.90
Short pasta cooked in creamy smoked salmon & onion sauce

**Spaghetti con Cozze All’Arrabiata**  £9.90
Light pasta cooked with mussels in a spicy tomato sauce with chilli & garlic

**Homemade Beef Lasagne**  £9.90
Traditional Italian oven baked dish, layers of egg pasta, minced beef topped with cheese béchamel sauce

Side Orders

Mixed Salad £2.80  Green Salad £2.30  Rocket Salad £3.75  Chips £3.30  Garlic Bread £3.25

All prices inclusive of 20% VAT. An optional service charge of 10% will be added to all bills.
Pollo Milano
Succulent breast of chicken in sun dried tomato, garlic and cream sauce served with sautéed potatoes and seasonal vegetables

£13.50

Petto di Pollo Arosto con Pancetta
Roasted chicken breast wrapped in pancetta served with French fries and mixed salad

£13.95

Braciola di Maiale Modenese
Pan fired pork chop in rosemary, garlic, white wine & butter sauce served on a bed of mashed potatoes accompanied with grilled vegetables

£13.95

Costolette di Maiale alla Milanese
Crispy pork cutlets in breadcrumbs served with new potatoes sautéed with bacon, rosemary & onions and garnished with mixed salad

£13.95

Salmon with Lemon & White Wine Sauce
Pan fried salmon fillet in lemon & white wine sauce served with seasonal vegetables and potatoes

£14.50

Filetti di Branzino in Salsa Mediterranea
Fillets of sea bass cooked in tomato, capers, black olives and garlic sauce served on a bed of mashed potatoes with seasonal vegetables

£14.90

Rump Steak with Quick Mushroom and Red Wine Sauce
Prime 8oz rump steak in a mushroom and red wine sauce served with creamy mashed potatoes

£14.50

Rump Steak with Peppercorn Sauce
Prime 8oz rump steak with peppercorn sauce and chips

£14.50

Bistecca alla Griglia
Prime 8oz rib eye steak grilled and served with salad and chips

£15.00

Grigliata Mista
A selection of grilled beef, pork, chicken, bacon and sausage served with fried egg and sautéed potatoes

£16.50

IL Grasso Burger and Chips
6oz gourmet burger served with cheese, tomato & onions in a seeded bun accompanied with chips and salad

£8.50

Chicken Curry
Simply warming, chef’s own chicken curry served with rice and salad garnish

£11.50

Healthy Options

Chicken Salad
Mixed salad with grilled breast of chicken

£8.95

Whole Wheat Pasta V
Whole wheat pasta cooked with broccoli & fresh tomato sauce topped with rocket salad

£8.50

Lentils & Chicken Shepherd’s Pie
Healthier version of traditional Shepherd’s pie served with generous portion of peas

£9.50

Grilled Fillet of Salmon
Served on a bed of rice fried with chilli, onions & peas

£13.50

Cod Al Fresco
Pieces of cod cooked in light tomato & black olives sauce served on a bed of mashed potatoes

£13.50

IL Grasso Super Salad
Lettuce, fresh tomato, sun-dried tomato, olives, peppers, carrots, sweetcorn, cucumber, onion & avocado dressed with extra virgin olive oil & oregano topped with delicious grilled halloumi cheese

£10.95

This menu does not list all ingredients. If you have any food intolerances or dietary requirements, please ask member of staff who will be happy to assist.

• = moderately spicy

V = suitable for vegetarians

chicken available upon request, please ask member of staff

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